# Year 10 Bronze Award

### April 2023



### **Expeditions: Essential information**

- Students should pack their own bag so that they know where all of their kit is.
- Nothing should be outside of their rucksack except for a roll mat wrapped in a tough black bag to keep it dry. Everything inside should be wrapped in black bags to keep everything dry, especially clothes and their sleeping bag.
- Students have been given an expedition manual on the training day that has all the information they need (how to pack a bag, suitable food and emergency rations to bring, our emergency mobile numbers on the front, first aid kit requirements etc.). They should bring this with them on expeditions. There is also a copy on our website.
- Mobile phones are strictly forbidden on expeditions with the exception of one 'emergency mobile'
  per expedition group which remains turned off throughout the weekend unless there is an
  emergency. Each group needs to decide in advance who is going to bring their phone with them.
- Please ensure you are on time as the whole expedition group cannot set off without you on the practice (arrival times shown below)

#### All students must have:

- Suitable clothing (Students will need to wear clothes suitable for walking. Trainers are
  acceptable for Bronze but walking boots and walking socks are recommended. Jeans are not
  permitted. A waterproof coat (and preferably waterproof trousers are also required)
- Toiletries
- A Compass
- Large rucksack
- Sleeping bag and sleeping mat.

#### Each expedition group will also need:

- Tents of suitable size that the group can sleep in along with their rucksacks (double-skinned)
- Cooking stoves for the group (Trangia or resealable gas burning stoves)

Further information about equipment can also be found on our website:

https://arthurterry.bham.sch.uk/students/duke-of-edinburgh/expeditions-equipment/.

### Kit Hire

Students that have requested kit from us should meet Miss Wilson by the school minibuses near the back of the Sports Hall on <u>Wednesday after school</u> to collect their equipment.

# **Bronze Practice Expedition** Saturday 22<sup>nd</sup> - Sunday 23<sup>rd</sup> April

We expect parents to drop off and collect students from this expedition, which is within a reasonable travelling distance (All other expeditions we run are by coach from Arthur Terry).

Please arrange to car-share where possible as the car park can be quite busy at the start and end point.

Each group has been allocated a time to arrive at the car park on the Saturday morning for preexpedition checks (which will be 30 minutes before they actually set off). These times are shown below (the only change is that Group 13 is now walking with Group 3)

Group	Arrival time at car park	Group start time	Day 1 route
1 Mixed	9:00am	9:30am	PURPLE
2 Female	9:30am	10:00am	PURPLE
3 Mixed	10:00am	10:30am	PURPLE
4 Mixed	10:15am	10:45am	PURPLE
5 Female	10:30am	11:00am	PURPLE
6 Female	11:00am	11:15am	PURPLE
7 Female	11:15am	11:30am	PURPLE
8 Mixed	9:00am	9:30am	PINK
9 Mixed	9:30am	10:00am	PINK
10 Mixed	10:00am	10:30am	PINK
11 Mixed	10:15am	10:45am	PINK
12 Female	10:30am	11:00am	PINK

The start (& end on Sunday) is a large car park and cafe on Hagley Wood Lane (Nimmings Wood National Trust Car Park).

The road is a left turn signposted to 'Clent Hills' off a roundabout on the A456 which can be reached from Junction 3 of the M5 (The postcode is DY9 9JR).



The campsite we will be staying in overnight is Kinver Scout Camp but there is no telephone on site. In case of emergency, parents can contact staff via the DofE mobile phones:

### 07506 705597 or 07928 159529

Students will be able to use our mobile phones (or the group's emergency phone) to call parents to be collected when they finish on the Sunday. This is usually around 3pm but totally depends on their start time in the morning and how well they navigate!

## Mr Withey & Miss Wilson

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