

19th September 2024

Dear Parent/Carer

As a part of your child's education at Arthur Terry School, in Personal Development lessons we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Citizenship education programme (PSHCE). PSHCE is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. The aims of PSHCE at Arthur Terry are to raise awareness, promote discussion and signpost support.

I am writing to let you know that this curriculum covers lessons which focus on the statutory Relationships and Sex Education (RSE) and Health Education requirements. Topics are embedded across the PSHCE programme for each year group as part of a spiral curriculum which introduces students to age-appropriate material.

RSE lessons are delivered by form tutors and include teaching about: Healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence. Students will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world from a member of staff they interact with on a daily basis.

PSHCE is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: <https://www.arthurterry.bham.sch.uk/personal-development/> for more detail about our PSHCE curriculum, RSE and Health Education delivery for each year group. Please note however that due to issues arising throughout the year that this programme can change, and any changes will be updated on the website.

All PSHCE teaching takes place in a safe learning environment and is underpinned by our school ethos and values: Be Proud, Be Kind, Be Ready.

As a school community, we are committed to working in partnership with parents. We will provide opportunities across the school year to gather both student and parental voice and look to develop focus groups to work more closely with parents.

Should you have questions about our PSHCE curriculum including RSE and Health Education content please contact school via the relevant pastoral email address:

Year 7 year7@arthurterry.bham.sch.uk

Year 8 year8@arthurterry.bham.sch.uk

Year 9 year9@arthurterry.bham.sch.uk

Year 10 year10@arthurterry.bham.sch.uk

Year 11 year11@arthurterry.bham.sch.uk

Year 12 year12@arthurterry.bham.sch.uk

Year 13 year13@arthurterry.bham.sch.uk

Yours faithfully

Miss R Geillis Associate Assistant Headteacher

Dr K Shakeshaft Leader of Learning