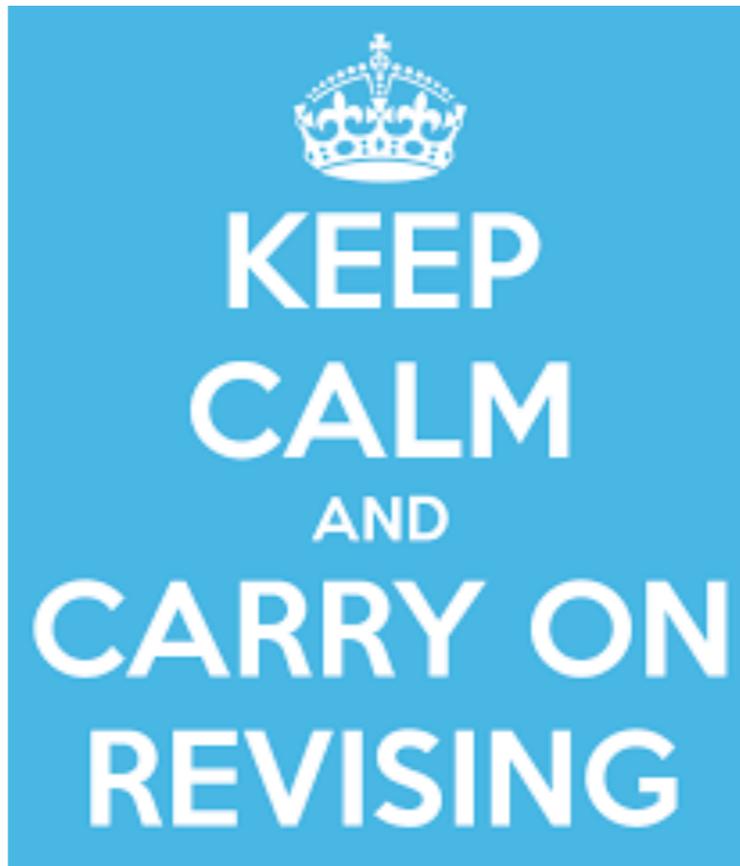


Arthur Terry



Some tips and guidance to help with your examination preparation

Top Tips for success.

1. Eat breakfast – this will help you maintain concentration in exams and when doing revision
2. Attendance to school – one day absent = 5 hours of learning lost
3. Please make sure you are on time for school each day and importantly - for your exams!
4. Please make sure you have all the equipment you need every day for school and for the examination
5. Drink plenty of water
6. Make sure you have a quiet study area available at home
7. Avoid distractions when revising – turn off the TV and put your phone away
8. Make sure you know the deadlines for any coursework, controlled assessments and practical exams – record these in your planner
9. Make sure you go to bed at a reasonable time(eight hours sleep is always good and at the best hours 😊)

Highlighters

As you read through your notes, use different coloured highlighters to pick out key **words/themes/ideas/points**.

You could try a different colour for each theme or topic.

Make Lists



• Bullet point them

OR

1. Number them

OR

a) Letter them

According to what suits YOU best.

Underlining

As you read through the work in your exercise book underline key words.

You could underline in different colours, patterns, or lines like wiggly, thick etc.



Use Colour

Your brain likes colour and will remember things much more easily if you use it.

E.g. put all the important words in red, the important concepts in green, important dates in purple etc.

Order/Sequence

Have a look through your notes and **ORDER** or **SEQUENCE** the notes. Place them in a **LOGICAL** sequence so you can see how things progress.

You may find a more logical way of seeing things.

Reading Out Loud



Read your revision notes **OUT LOUD** to a particular rhythm.

You could read with music playing in the background or tapping your foot calmly and steadily.

Change Key Words in the Topic for **pictures** or **symbols** or **abbreviations** and use those in your revision.



Create **Questions** and **Answers** about a Topic for other people and quiz each other.



You could think of doing a “*Who Wants To Be A Millionaire*” game where the questions are graded according to the difficulty you choose.

Who?
What?
Where?
When?
Why?
How?

Questions



Ask questions **before** you start revising.

Think about the topic you are studying and take some time out to think about the questions you would like to have someone answer for you.

Write them down and as you read through your notes, jot down any answers that you find.

Recordings/MP3/MP4



Make a recording of yourself to revise from. It could be you reading your notes out loud.

It could be you reading and then stopping to summarise what you have read (key words, ideas, phrases, quotations, asking questions).

Listen to your recording as you walk to and from school.

Post-its

Write information on post-it notes and place them on the wall, door, large sheets of paper etc.

You can then **rearrange** them according to a variety of ideas....

- What you **KNOW**, what you **DON'T KNOW**
- Follow **TRENDS** or **THEMES**
- GROUP** various things together

Visuals

•Make good use of Drawings/Diagrams in your revision

- Use different **colours**
- Replace Key Words/Ideas/People/Places with Pictures
- Create and put Posters/Mind Maps around your house



Mnemonics

Mnemonics help you to remember by using short words that stand for something to help you.

Here is a mnemonic for

REVISION.....

Rest, **E**xercise, **V**ariety, **I**magination, **S**tructure, **I**ndividual, **O**ngoing, **N**ot too long

Association

Association helps a lot of people to remember because it is much more powerful when we use our **imagination**.

The idea is to **link** objects and ideas to each other in the craziest way possible!

Card Cover

Two ways to practice with cards:

- Put the answers on the back
- OR
- Use a piece of paper and move down to reveal answers as you recall the contents.

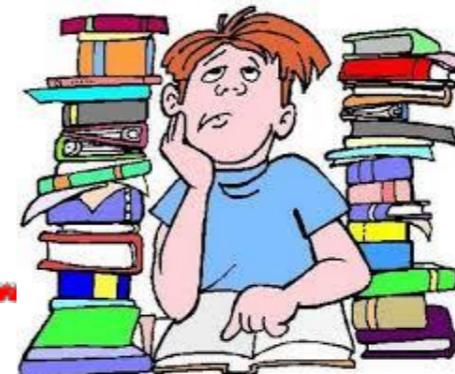
These techniques are very useful for checking that you know Key Facts

Test Cards

• I READ

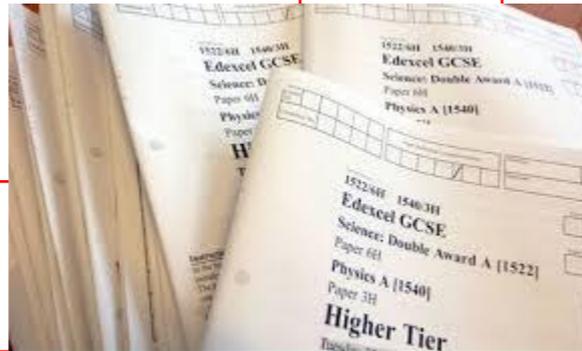
• I COVER IT UP

• I TEST MYSELF



Paired work

Ask a friend/parent sibling to **test** you on what you have learnt. Talking it through with someone else helps you to learn. Become the teacher and **explain** a topic to someone else.



Practice papers

Complete past or **practice papers**. Time yourself to check that you can keep to the time in an exam situation. Use mark schemes to check your answers

Make the most of opportunities

Make the most of opportunities for additional **revision sessions** for subjects you feel you need additional support or guidance. **ASK** your teacher if there is something you are unsure of.



When? Plan It!

- Make a Revision Schedule/Plan*
- Make it Realistic so that you can stick to it*
- For Example: Every night 6.00pm until 8.00pm*
- Plan schedule around your favourite activities*

When? Pace It!

- Try an **EASY** Topic followed by a **HARDER** Topic*
- Work in short bursts followed by a short break*
OR
- A Longer session followed by a longer break*
- Reward yourself with a treat but only when you have reached your revision target!*

Where? Place It!

- A Quiet Space*
- Separate from where you relax if possible*
- A Good Sized Table*
- Use Family and Friends to test you*
- Make sure you have everything you need e.g. pens, pencils, ruler, calculator etc*

Is your Mind/Body ready?

- Tired? Get more sleep*
- Drink lots of water - the brain works best with 6-8 glasses per day*
- Eat healthily - not too many sugary snacks*
- Fresh air and exercise! Football, walking, running etc.*
- Think Positive!*