

<i>What is the purpose of PE?</i>		
	<p>We want all students, particularly those with SEND and who are socially disadvantaged to follow active and healthy lifestyles; as well as develop their cognitive, emotional, moral, and social values.</p> <p>We believe that active and regular engagement in physical education can develop key aspects such as ...confidence, resilience, teamwork, performance skills and fitness, that impact positively upon physical and mental wellbeing! Students studying accredited / qualification courses in PE will develop a deeper understanding of PE theoretical concepts, building on the themes of the Core PE.</p>	<p>J Byrne – Subject Leader of Physical Education; Teacher of KS3 & KS4 Core PE and BTEC Sport Level 2</p> <p>S Rafter – Co-ordinator of KS3 Physical Education; Teacher of KS3 & KS4 Core PE and BTEC Sport Level 2 and 3</p> <p>D Horspool - Subject Pedagogy Lead for Physical Education; Teacher of KS3 & KS4 Core PE and BTEC Sport Level 3</p> <p>N Gibbs – Student and Sports Leadership Co-ordinator; Teacher of KS3 & KS4 Core PE and BTEC Sport Level 2</p> <p>D Holliday – Progress Leader for Y7A; Teacher of KS3 & KS4 Core PE and BTEC Sport Level 3</p> <p>P Carrick – Assistant Headteacher; Teacher of KS3 & KS4 Core PE</p> <p>H Price – Teacher of KS3 & KS4 Core PE and BTEC Sport Level 3</p>
	<i>Key Content/Topics</i>	<i>How do we assess student progress?</i>
7	<p>In Core PE students will explore the concepts of outwitting opponents; application of tactical & compositional ideas; improving performances; developing & refining skills; whilst developing an understanding of the factors related to healthy active lifestyles.</p> <p>These concepts will be explored through an activity rotation programme of activities from: Invasion Games: Football / Netball / Basketball / Ultimate Frisbee. Net games: Table Tennis & Tennis. Striking & Fielding Games: Rounders & Cricket. Accurate Replication Activities: Dance & Gymnastics. Performing at Maximum Levels Activities: Athletics & Fitness themed lessons.</p> <p>A selection of BTEC Sport theoretical concepts will be introduced as a focus in each term: inc. The body systems (Musculoskeletal system); Fitness Concepts (Methods of Training and Fitness components)</p>	<p>Ongoing teacher observation within classroom lessons will assess student work and performances in practical lessons.</p> <p>Acquired theoretical knowledge and understanding will be assessed: Formatively: via regular Q&A in class discussion & possible homework tasks Summative: via Microsoft Forms Quiz Questions</p>
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	<p>Table Tennis & Tennis. Striking & Fielding Games: Rounders & Cricket. Accurate Replication Activities: Dance & Gymnastics. Performing at Maximum Levels Activities: Athletics & Fitness themed lessons.</p> <p>A selection of BTEC Sport theoretical concepts will be introduced as a focus in each term: inc. The body systems (Musculoskeletal system); Fitness Concepts (Methods of Training and Fitness components)</p>	<p>Formatively: via regular Q&A in class discussion & possible homework tasks Summative: via Microsoft Forms Quiz Questions</p>
<p>9</p>	<p>Whilst having the opportunity to build on KS3 CORE PE concepts; student engagement and assessment in KS4 CORE PE lessons will focus and link directly to the 4 strands of the Arthur Terry Learner: Resilience, Active Approach; Preparation and Meta-Cognition.</p> <p>These concepts will be explored through active participation in a rotating programme of activities, which may include - Invasion Games: Football / Netball / Basketball / Ultimate Frisbee / Handball. Net games: inc. Table Tennis / Tennis / Badminton. Striking & Fielding Games: Rounders / Softball / Cricket. Performing at Maximum Levels: inc. Athletics and Fitness themed lessons.</p> <p>BTEC SPORT – Tech Award in Sport, Activity and Fitness Level 2</p> <p>Component 1: To understand the Body and the Supporting Technology for Sport and Activity</p> <p>Learners will: A - Investigate the impact of sport and activity on the body systems (musculoskeletal and cardiorespiratory) B - Explore common injuries in sport and activity and methods of rehabilitation C - Understand the use of technology for sport and activity.</p>	<p>The Component 1 Unit is sub-divided into 3 Learning Aims - A, B and C. Each learning Aim has a set assignment, and students are assessed via completing and submitting coursework for each assignment. NB: Each assignment permits a first submission and the potential for a second (and final) re-submission. This unit contributes to apprx. 30% of the student’s overall qualification grade.</p> <p>CORE PE Ongoing teacher observation within classroom lessons will assess student work and performances in practical lessons.</p>
<p>10</p>	<p>BTEC SPORT – Tech Award in Sport, Activity and Fitness Level 2</p> <p>Component 2: The Principles of Training, Nutrition and Psychology for Sport and Activity</p> <p><i>Key Topics to include:</i></p>	<p>BTEC Sport Students are ultimately assessed with an external examination at the end of the academic year. This is in the form of a written examination paper worth 70 marks, which lasts 1 hour and 30 minutes. This unit contributes to apprx. 40% of the students overall qualification grade.</p>

	<ul style="list-style-type: none"> - Fitness Components & Testing - Training Methods & Principles of Training & Training programmes - Diet & Nutritional Aspects - Psychological Aspects (Anxiety, Motivation, and Confidence) <p>CORE PE In Y10 KS4 CORE PE lesson focus and assessment links directly to the 4 strands of the Arthur Terry Learner: Resilience, Active Approach; Preparation and Meta-Cognition. Students will cover a range of activities on a rotation basis, which may include option choice of activity where possible.</p>	<p>Students have progress tests each half-term; in the form examination questions that replicate the structure and style of the external examination that will be taken at the end of the academic year.</p> <p>CORE PE Students are assessed with ongoing teacher observation and G4S record logs, against the 4 strands of the Arthur Terry Learner.</p>
<p style="text-align: center;">11</p>	<p>BTEC SPORT – Tech Award in Sport, Activity and Fitness Level 2</p> <p>Component 3: Applying the Principles of Sport and Activity</p> <p>Learners will:</p> <ul style="list-style-type: none"> A - Understand the fundamentals of sport and activity leadership B - Plan sessions for target groups C - Deliver and review sessions for target groups. <p>CORE PE In Y11 KS4 CORE PE lesson focus and assessment links directly to the 4 strands of the Arthur Terry Learner: Resilience, Active Approach; Preparation and Meta-Cognition. Students will cover a range of activities on a rotation basis, which may include option choice of activity where possible.</p>	<p>The Component 3 Unit is sub-divided into 3 Learning Aims - A, B and C. Each learning Aim has a set assignment, and students are assessed via completing and submitting coursework for each assignment. NB: Each assignment permits a first submission and the potential for a second (and final) re-submission. This unit contributes to approx. 30% of the student’s overall qualification grade.</p> <p>CORE PE Students are assessed with ongoing teacher observation and G4S record logs, against the 4 strands of the Arthur Terry Learner.</p>
<p style="text-align: center;">12</p>	<p>BTEC SPORT – Extended National Certificate in Sport - Level 3</p> <p>An introduction to the sport sector through applied learning that supports progression to higher education.</p> <p>Y12 <u>Unit 1 - Anatomy and Physiology</u> Learners explore how the skeletal, muscular, cardiovascular and respiratory systems function and the fundamentals of the energy systems.</p>	<p>Unit 1 is ultimately assessed with an external examination at the end of the academic year. This is a written exam paper that is 1 hour 30 minutes, worth 80 marks. This unit contributes to approx. 33.5% of the student’s overall qualification grade.</p> <p>Unit 6 is sub-divided into 3 Learning Aims - A, B and C. Each learning Aim has a set assignment, and students are internally assessed via completing and submitting coursework for each</p>

	<p><u>Unit 6 - Sport Psychology</u> This unit covers the psychological dimensions of sport, and introduces psychological techniques that can be used to enhance performance</p>	<p>assignment. NB: Each assignment permits a first submission and the potential for a second (and final) re-submission. This unit contributes to approx. 16.5% of the student's overall qualification grade.</p>
<p>13</p>	<p>Y13 <u>Unit 2 - Fitness Training and Programming</u> Learners explore client screening and lifestyle assessment, fitness training methods and fitness programming to support improvements in a client's health and well-being.</p> <p><u>Unit 3 - Professional Development</u> Learners explore the knowledge and skills required for different career pathways in the sports industry. Learners will take part in, and reflect on, a personal skills audit, career action plan and practical interview assessment activities</p>	<p>Unit 2 is ultimately assessed with a 'set-task' external examination. After receiving advanced case study information, students will be allocated 2 hours and 30 minutes to answer a series of questions worth 60 marks. This unit contributes to approx. 33.5% of the student's overall qualification grade.</p> <p>Unit 3 is sub-divided into 3 Learning Aims - A, B and C. Each learning Aim has a set assignment, and students are internally assessed via completing and submitting coursework for each assignment. NB: Each assignment permits a first submission and the potential for a second (and final) re-submission. This unit contributes to approx. 16.5% of the student's overall qualification grade.</p>

Curriculum Adaptations due to Covid lockdowns

KS3 & KS4 CORE PE
The curriculum programme of study / activity rotations will remain the same.
NB: Groups in KS4 will be included into activity selection choices with teachers; with Y11 students wider flexibility to change options groups to suit personal activity preferences.

Y10 BTEC Sport
As planned - students will continue to study Component 2 (external examination unit) throughout the Autumn and Spring Terms.
Summer Term - students will re-visit Component 1 (Learning Aim C); during which students will plan and deliver presentations to complete their final assessment of the L1 component.

Y11 BTEC Sport
As planned - students will continue to study Component 3 (coursework unit) throughout the Autumn 2 and Spring Terms.
NB: Component 2 studied in Y10 – students have been awarded TAG's which are now banked

Autumn Term 1 - students will re-visit Component 1 (Learning Aim C); during which students will plan and deliver presentations to complete their final assessment of the L1 component.

Y12 & Y13 BTEC Sport

No curriculum recovery is required. Units completed in Y12, for which TAGs have been awarded and banked, have no bearing or continuation into Y13.

NB: The separate modular/unit structure of the BTEC course means that all units scheduled to be taught in Y12 and Y13 will continue as planned.