



Wellbeing

Values



This half term we have been focusing on **connecting** with people and **the importance of kindness on wellbeing**.

As part of that, it is really important to **know your values, our school values and how these are important for wellbeing**.



It is also important to understand the **values of what it is to be a British citizen** in order to promote moral and cultural understanding and **celebrate the diversity of the UK**.



We all live in Britain,
what do you think British
values are?

Our Government identifies the following as our **Fundamental British Values.**

Individual Liberty

In Britain, as long as we do not break the law, we can live as we choose to and have our own opinions about things.

The Rule of Law

In Britain we have a police force who make sure people do not do the wrong thing and break the law – this means that we are safe.



Mutual Respect

Understanding the value of diversity and challenging discrimination. We might not always agree with other people, but we try to show respect for their thoughts and feelings.

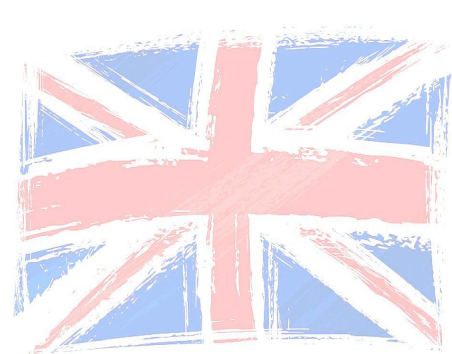
Tolerance

In Britain we accept that other people might have different beliefs and religions than ours. We should not discriminate or segregate those who we see as different to ourselves.

Democracy

The people in Britain vote for the people who make the laws and decide how the country is run. If just one person made all the laws it would not be fair.

How do British Values help with our wellbeing?



Having a voice
in society



1. Democracy
2. The Rule of Law
3. Individual Liberty
4. Mutual Respect
5. Tolerance of those with different faiths and beliefs

Following the British values enables you to express your true self

Individuals can feel safe



Feeling valid and included as an individual in society

Individuals can contribute for the good of themselves and others.

What happens to our wellbeing when we don't follow British values

Spate of attacks across UK sparks fear among LGBTQ+ community

Hate crimes related to sexual orientation and gender identity have increased year on year since 2015



How are people going against British values in this article?

People who perpetrate hate crimes are not showing **mutual respect** for another member of our society.

How might LGBTQ people be made to feel?

Individual liberty is restricted. People cannot be free to be who they are for fear of abuse.

Two weeks ago, Ranjith “Roy” Kankanamalage, 50, was discovered with a fatal head injury in Tower Hamlets Cemetery Park, east London. The brutal attack was, police believe, motivated by homophobia and a man has been arrested on suspicion of murder.

A day earlier, a couple called Rob and Patrick were attacked with broken bottles in Birmingham’s gay village, leaving one unconscious and the other with extensive cuts. Three men have been arrested on suspicion of robbery and wounding.

On 30 July, in Edinburgh, a married gay couple were punched, kicked and spat at as they walked down a busy city centre street. Three men have been charged in connection with alleged assaults and homophobic crimes.

<https://www.theguardian.com/uk-news/2021/aug/29/spate-of-attacks-across-uk-sparks-fear-among-lgbtq-community>

What is in place to help protect us and uphold British Values?

Laws to protect from hate crimes



The law recognises five types of hate crime on the basis of:

- Race
- Religion
- Disability
- Sexual orientation
- Transgender identity

Any crime can be prosecuted as a hate crime if the offender has either demonstrated or been motivated by hostility in one of these five categories.

Our school rules



Our school rules include racist, homophobic, sexist behaviour being unacceptable. **Can you think of any others?**

Our school values

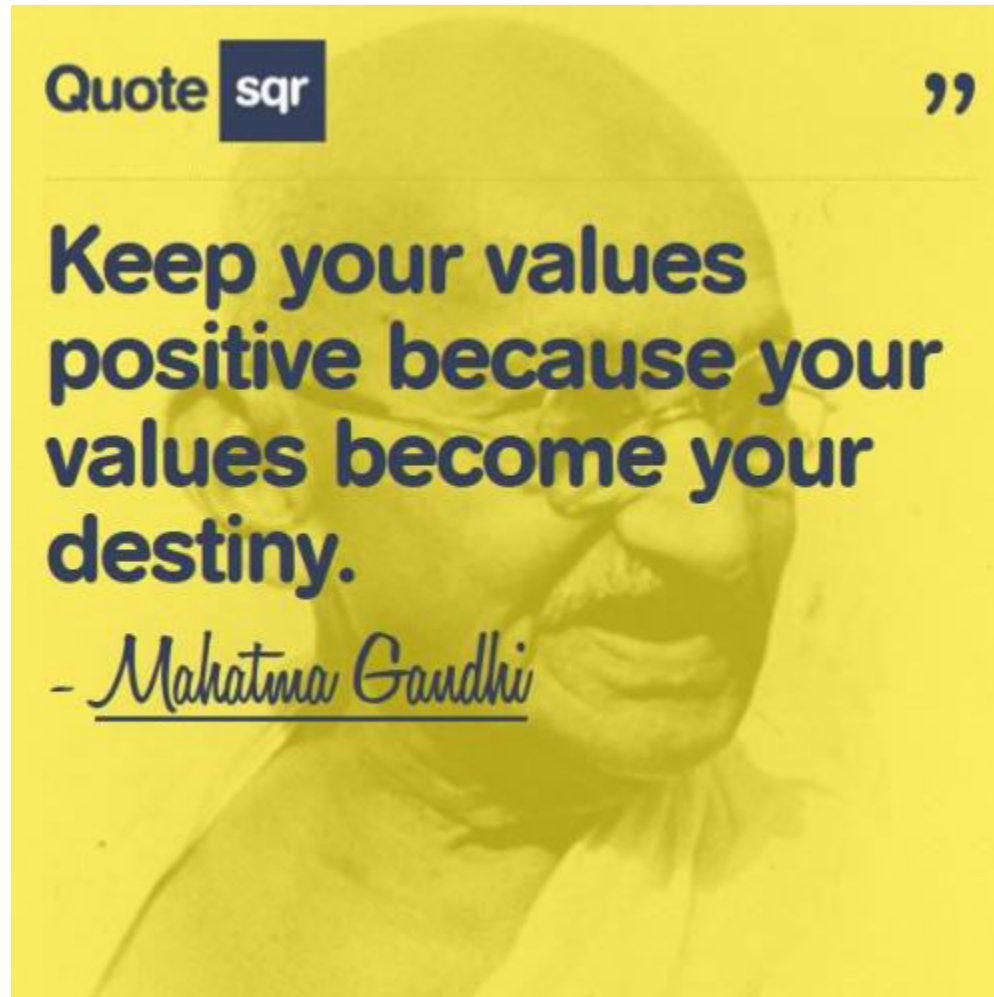


Be proud - contribute to a community where people can be proud of who they are

Be Kind to others

Be Ready to learn about British Values and the laws that reflect these values so we are ready to become active citizens in making our communities a better place for people's wellbeing.

Values are important in every society and also in the life of every individual because they **help us to grow and develop.**



Values help us to **create the future we want to experience**, so aim to **possess good values** so the world can be a better place.