

# Year 10 Bronze Award

## PRACTICE EXPEDITION

Saturday 27<sup>th</sup> - Sunday 28<sup>th</sup> March 2024



## Essential information

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- Students should pack their own bag so that they know where all of their kit is.
- Nothing should be outside of their rucksack except for a roll mat wrapped in a tough black bag to keep it dry. Everything inside should be wrapped in black bags to keep everything dry, especially clothes and their sleeping bag.
- Students have been given an expedition manual on the training day that has all the information they need (how to pack a bag, suitable food and emergency rations to bring, our emergency mobile numbers on the front, first aid kit requirements etc.). They should bring this with them on expeditions. There is also a copy on our website.
- Mobile phones are strictly forbidden on expeditions with the exception of one 'emergency mobile' per expedition group which remains turned off throughout the weekend unless there is an emergency. Each group needs to decide in advance who is going to bring their phone with them.
- Please ensure you are on time as the whole expedition group cannot set off without you on the practice (arrival times shown below)

All students must have:

- Suitable clothing (Students will need to wear clothes suitable for walking. Trainers are acceptable for Bronze but walking boots and walking socks are recommended. Jeans are not permitted. A waterproof coat (and preferably waterproof trousers are also required)
- Toiletries
- A Compass
- Large rucksack
- Sleeping bag and sleeping mat.

Each expedition group will also need:

- Tents of suitable size that the group can sleep in along with their rucksacks (double-skinned)
- Cooking stoves for the group (Trangia or resealable gas burning stoves)

Further information about equipment can also be found on our website:

<https://arthurterry.bham.sch.uk/students/duke-of-edinburgh/expeditions-equipment/>.

## Kit Hire

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Students that have requested kit from us should meet Miss Wilson by the school minibuses near the back of the Sports Hall on Tuesday after school to collect their equipment.

## Arrangements for drop-off and collection of students

We expect parents to drop off and collect students from this expedition, which is within a reasonable travelling distance (All other expeditions we run are by coach from Arthur Terry).

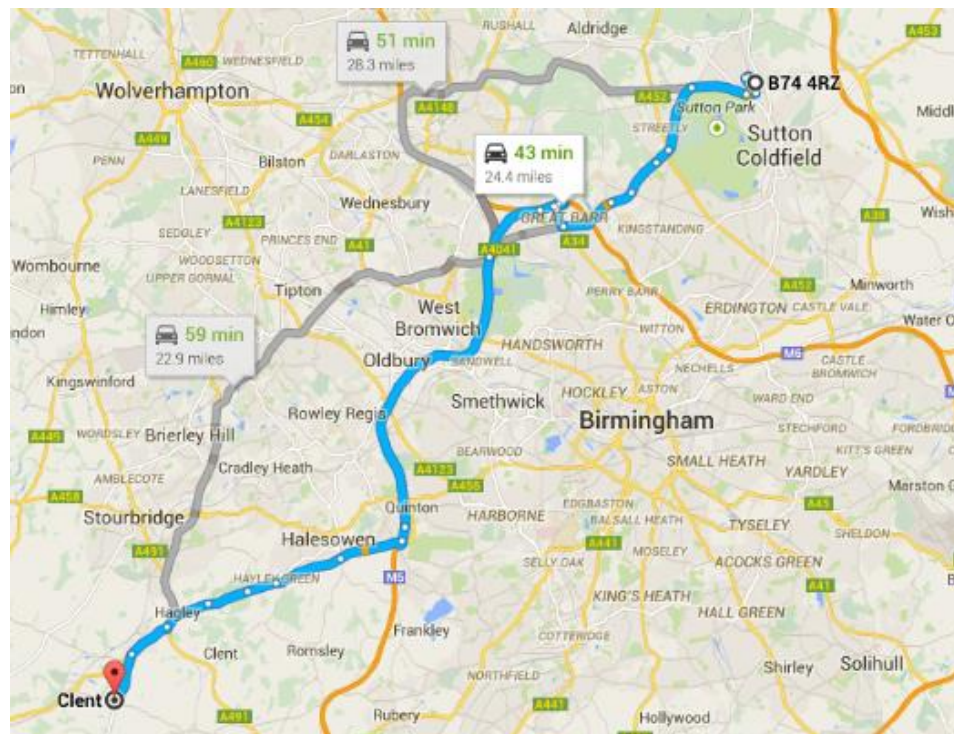
Please arrange to car-share where possible as the car park can be quite busy at the start and end point. Please bring some cash just in case you have to pay but we normally can persuade the man on the gate to not charge us all!

Each group has been allocated a time to arrive at the car park on the Saturday morning for pre-expedition checks (which will be 30 minutes before they actually set off). These times are shown below. If students are unsure of their group number, please get them to ask their peers first or pop and see Miss Wilson before the end of the week (we can't send names out due to data protection):

EXPEDITION GROUP	Arrival time	Set-off time
1 (mixed group of 7)	9:00am	9:30am
2 (male group of 6)	9:30am	10:00am
3 (mixed group of 7)	10:00am	10:30am
4 (mixed group of 7)	10:30am	11:00am
5 (male group of 6)	11:00am	11:30am
6 (mixed group of 7)	11:15am	11:45am
7 (mixed group of 7)	9:30am	10:00am
8 (male group of 7)	10:00am	10:30am
9 (mixed group of 8)	9:00am	9:30am
10 (female group of 5)	11:00am	11:30am
11 (male group of 75)	10:30am	11:00am

The start (& end on Sunday) is a large car park and cafe on Hagley Wood Lane (Nimmings Wood National Trust Car Park).

The road is a left turn signposted to 'Clent Hills' off a roundabout on the A456 which can be reached from Junction 3 of the M5 (The postcode is DY9 9JR).



The campsite we will be staying in overnight is Kinver Scout Camp but there is no telephone on site. In case of emergency, parents can contact staff via the DofE mobile phones:

**07506 705597 or 07928 159529**

Students will be able to use our mobile phones (or the group's emergency phone) to call parents to be collected when they finish on the Sunday. This is usually around 3pm but totally depends on their start time in the morning and how well they navigate!

We are looking forward to welcoming students on their very first expedition with us.

**Mr Withey & Miss Wilson**

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