

WEEKLY FOCUS

WEEK BEGINNING 31/03/25

WHAT WE FOCUSED ON THIS WEEK

This week, students at Arthur Terry School focused on various aspects of the Effective Learning Habits:

Metacognition: Students learned about the importance of reflecting on their performance in academic, sporting, or creative activities. This practice helps improve abilities and is linked to better mental health outcomes. They were encouraged by tutors to embrace mistakes as part of their learning process.

Active Learning: The focus was on taking an active approach to learning, both in the classroom and in other areas such as sports, music, and life skills. Students were encouraged to be present, engage with information, and take responsibility for their progress. Examples included Year 13 students practicing exam skills and all students learning about Autism Awareness Month and how the National Autistic Society works to help create a society that works for autistic people.

Resilience: Students explored the concept of resilience, or "bounce back-ability," which involves overcoming challenges and continuing despite facing difficulties. In the classroom, resilience means having the confidence to try, accepting mistakes, and maintaining focus. This trait is associated with a Growth Mindset and higher wellbeing.

Preparation: The importance of organisation was emphasized, highlighting how being prepared helps to reduce stress and improves performance in both school and future careers. Tips included setting alarms, knowing timetables, planning homework, and preparing school materials the night before.

Values and Behavior: The week concluded with a reflection on how personal values impact behavior in lessons and the overall learning environment.

Parents are encouraged to support their children in applying these effective learning habits to see positive results in their academic and personal lives.

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THIS WEEKS STUDENT PRAISE DATA

Highest Number Of Praise Points	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13	Overall
No. of Praise Points	1,582	1,132	1,041	513	303	1,263	804	6,638
Highest Number Of Praise Points Per Single Student	15	14	14	8	7	13	10	